



Directory

LGBTQ

Twin Ports Area



2018

Duluth, MN & Superior, WI
Northeast Minnesota
Northwest Wisconsin

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Websites

Developed by collaborating partners:

Lutheran Social Service Together For Youth

Trans +

Northland Gay Men’s Group

Northland Prism Community

Trans + Family, Friends & Allies Group

Northland LGBT Elders

This Directory will be updated often, please refer back to the original pdf on the Together for Youth Facebook page, for the most current copy.

A copy is also available on the lssmn.org page under Together for Youth.

Cafés & Coffeehouse Hangouts

Amazing Grace Bakery & Café

394 South Lake Ave.
Duluth, MN 55802
(218) 723-0075
amazinggraceduluth.com



Beaner's

324 N. Central Ave.
Duluth, MN 55807
(218) 624-5957
www.beanerscentral.com



Chester Creek Café

Sara's Table
1902 E. 8th St.
Duluth, MN 55812
(218) 723-8569
www.astccc.net



The Snooty Fox

1831 E 8th St, Duluth MN 55812
(218) 464-0237

Red Mug

916 Hammond Ave. #2
Superior, WI 54880
(715) 392-26662
redmugcoffee.com



Black Cat Coffee Shop

220 Chapel Ave.
Ashland, WI
(715) 682-3680
blackcatashland.com



Congregations

Coppertop 1st United Methodist

Rev. Jeanine Alexander
230 E. Skyline Parkway
Duluth, MN 55811
(218) 727-5021
www.fumcduluth.com



Gloria Dei Lutheran

Rev. David Carlson
219 North 6th Ave. East
Duluth, MN 55805
(218) 722-3381
www.gloriadeiduluth.org



Peace United Church of Christ

Rev. Kathy Nelson
1015 E. 11th St. Duluth, MN
(218) 724-3637
www.peaceucc.org



Pilgrim Congregational UCC

Rev. Jennifer Amy-Dessler
2310 East 4th St. Duluth MN
(218) 724-8503
www.pilgrimduluth.org

St. Paul's Episcopal

Rev. Bill Van Oss
1710 E. Superior St.
Duluth, MN
(218) 724-3535
www.stpaulsduluth.org

Temple Israel

Rabbi David Steinberg
Youth Contact: [Andrea Novel](#)
Buck
1602 East 2nd St. Duluth, MN
(218) 724-8857
www.jewishduluth.org

Unitarian-Universalist

Rev. Bruce Johnson
835 W. College St. , Duluth, MN
(218) 724-0308
www.uuduluth.org

Lake Superior Interfaith Community Church

Presidents (2015)
Rev. Jasmine Phoenix
Rev. Jean Captain
1414 East 9th Street
Duluth, MN 55805
(218) 724-6554

Counseling Services

DULUTH, MN

Lake Superior Community Health Center

4325 Grand Ave.,
Duluth, MN 55807
(218) 722-1497
www.lschc.org



Program for Aid to Victims of Sexual Assault

32 E. 1st St. Duluth, MN #200
(218) 726-1442 or
Crisis Line (218) 726-1931
www.pavsa.org



Full Circle Center for Psychotherapy Spiritual Direction

Kelly Ravenfeather, Lic Psych
(Adults)
101 W. 2nd St. Suite 101
Duluth, MN 55802
(218) 726-5433

Harbor City Psychological Associate

Cheryl Grahm, LICSW
314 W Superior St. Suite 702
Duluth, MN 55802
(218) 722-4058
www.harborcitypsych.com

Human Development Center

1401 E. 1st St. Duluth, MN
Carolyn Phelps
Director of Outpatient Therapy
Saprina Matheny MSW, LICSW
(218) 728-4491
humandevelopmentcenter.org



The Wealth of Health

Mari Trine, LICSW
2421 London Rd.
Duluth, MN 55812
(218) 499-0617 ext. 102
mariktrine@gmail.com

Andrea Mousel

2421 London Rd. Suite 101
Duluth MN, 55812
(218) 499-0617 x 101

Nystrom & Associates, LTD

332 W Superior St. #300
Duluth MN, 55802
Carl Saxton, Psy. D.
nystromcounseling.com
(218) 722-4379

Kathleen Gates

218-624-4589
gatespea@centuryling.net

Inner Wisdom Psychotherapy, LLC

205 W. 2nd St. Duluth MN 55802
Suite 431
Patty Olson, MSSW, LICSW
Carin Mizera, DSW, LICSW
info@innerwisdomduluth.com

Turning Point Mental Health

2024 W 3rd St, Duluth, MN 55806
Shelley Houston, MA, LMFT
(218) 722-1351
info@turningpointduluth.com

Raymone Kral, Ph.D.

Licensed Psychologist
202 W. Superior St. #700
Duluth, MN (218) 727-5400

Tara Richter

St. Luke's Hillside Center
220 North 6th Ave E
218-249-7000

Northshore Mental Health Services

324 W Superior St, Duluth, MN 55802
Angie Adams
(218) 270-5055

Dan Maki

405 East Superior Street Suite 215
Duluth MN 55802
(218) 576-5757

Megan Paris

Shelly Plude
715 East Central Entrance
Duluth MN, 55811
mnpysch.com

Shelley Rorvick

Jessica Metzger
104 West Superior Street
Suite 200
Duluth MN 55802
(218) 727-7353

Leah Zook

101 West 2nd Street
Duluth MN 55802
(218) 724-3122

Mitzi Doane

205 West 2nd Street Suite 437
Duluth MN 55802
(218) 722-2005

Chris Bowerman

1707 Miller Trunk Highway
Duluth MN 55811
northlandpsychological.com
(218) 729-6480

SUPERIOR, WI

HDC Douglas County

39 N 25th St. E. Superior, WI
Jane Larson, Runaway Services
(715) 394-9177 or (800) 777-7844

Creative Counseling Group, LLC

Elder/Mature therapy, adults,
LGBT
3215 Tower Avenue, Ste. 108,
Superior, WI 54880
(715) 718-5606
info@CCGcounseling.com
http://CCGcounseling.com

Center Against Sexual & Domestic Abuse

2231 Catlin Ave, Superior, WI
(715) 392-3136
www.casda.org



LSS Wisconsin

2231 Catlin Ave. Superior, WI
(715) 394-4173 ext. 103
www.lsswi.org



Counseling Services

CLOQUET, MN

Human Development Center

40 Eleventh Street
Cloquet, MN 55720
(218) 879-4559
Fax: 218-879-0282

Fond du Lac Human Services

927 Trettel Lane
Cloquet, MN 55720
(218) 879-1227
www.fdlrez.com

Jean Pierce MA, LP
Rebecca Dachs MSW, LGSW
Amanda Radtke MSW, LGSW
Joanna Green MSW LICSW
Rebecca Perrett MSW, LGSW

GREATER MN

Ely Resource Center

Julie Hignell
P.O. Box 374, Ely MN 55731
(218) 365-5254
elycommunityresource.org



Range Mental Health

320 W 3rd Ave. Hibbing, MN
Carrie Chomizc, Lic Psychologist
(218) 263-9237
www.rangementalhealth.org

Range Mental Health

624 S. 13th St. Virginia, MN
(218) 749-2881
www.rangementalhealth.org

Victoria Beck

Grand Rapids, MN
(218) 326-9781

Family & Children's Services

Abuse Intervention Network
(877) GLBT-KIDS or email
Leigh.Combs@fcsmn.org

Gender Neutral Bathrooms (Restroom Refuge App. Type in your nearest location & Find a Restroom!)

DULUTH, MN

St. Louis County Central Client Area
320 West 2nd Street
Duluth, MN

Whole Foods Co-Op
610 E 4th Street
Duluth, MN

Sarah's Table/Chester Creek Cafe
1902 E. 8th Street
Duluth, MN

Basement Bar Tycoons
132 E. Superior St.
Duluth, MN

The Bakehouse
201 W. Superior Street
Duluth, MN

University of MN, Duluth
1.) Two uni-sex bathrooms on 1st floor Bohannon Hall where it intersects with the main hallway by ITSS.
2.) Library (L) 2nd Floor - Near Back Stairwell 3rd Floor - Near Back Stairwell 4th Floor-Inside of Rotunda (Circular Room)
3.) 2nd Floor AB Anderson Hall (History Department) it's across from offices
1049 University Dr.
Duluth, MN

Men As Peacemakers
123 W Superior St.
Suite 101
Duluth MN 55802

Duluth 10 Movie Theater
300 Harbor Dr.
Duluth, MN

Burrito Union
1332 E 4th St.
Duluth, MN

Caribou Coffee
307 Canal Park
Duluth, MN

Hanabi Japanese Cuisine
110 N 1st Ave W.
Duluth, MN

Miller Hill Mall
(near Express & Barnes and Noble)
1600 Miller Trunk Hwy
Duluth, MN

Dunn Brothers Coffee
2401 London Road
Duluth, MN

Bagley Classroom
Two Unisex Restrooms, Room 103 and 104.
703 Oakland Circle
Duluth, MN

AICHO - American Indian Community Housing
202 W 2nd St.
Duluth, MN

Employment Links
1131 E 4th St.
Duluth, MN

YMCA
302 W 1st St.
Duluth, MN

Essentia Health
420 E 1st St.
Duluth, MN

JC Penny
1600 Miller Trunk Hwy
Ste 4, Miller Hill Mall
Duluth, MN

Edgewater Waterpark
2400 London Rd
Duluth, MN

Pizza Luce
11 E Superior St.
#100
Duluth, MN

Incline Station
601 W Superior St.
Duluth, MN

St. Mary's Hospital
(3rd floor, near elevators)
400 E 3rd St
Duluth, MN

Toasty's
220 W Superior St.
Duluth, MN

HERMANTOWN, MN

Wal-Mart
4740 Mall Dr.
Hermantown, MN

TWO HARBORS, MN

Betty's Pies
1633 Highway 61
Two Harbors, Minnesota

SUPERIOR, WI

Red Mug Coffee Shop
916 Hammond Ave # 2
Superior, WI

Schultz's Sports Bar
1307 N 5th St.
Superior, WI

Superior Value Cinema
Mariner Mall
69 N 28th St.
Superior, WI

Yellowjacket Union, University Of Wisconsin Superior
1.) First floor, behind Residence Life/Yellowjacket Union desk in hallway
2.) 2nd floor, across from rooms 203/204 by end of hallway
Belknap & Catlin Ave,
Superior, WI

Superior Choice Credit Union
2817 Tower Ave
Superior, WI

VIP Pizza, Superior
1201 Tower Ave
Superior, WI

Health & Wellness

DULUTH, MN

Dr. Connie Jacoby (Chiropractor)

32 East 1st St. Suite 330
Duluth, MN 55802
(218) 940-4342

Healing Touch

Harriet Crofts,
Massage Therapist
(218) 428-3600

Healing Ways Wellness Studio

Carolyn Sheets
Massage Therapist
Healthy Eating & Lifestyle
Coordinator
(218) 724-9737
www.healingways.org

LSS Teen Health Center

Beth Adams
Center for Changing Lives
1422 East Superior St. Duluth, MN
55805
www.lssmn.org



Duluth Family Medicine Clinic

330 N. 8th, Ave. East Duluth MN
55805
(218) 723-1112
duluthfamilymedicineclinic.com

Bonnie Keeling, MSW

James (Jamie) Conniff, MD
Primary Care for all ages and Trans
related health services, including
hormones, one half each week.

Lake Superior Community Health Center

4325 Grand Ave.,
Duluth, MN 55807
(218) 722-1497
www.lschc.org



Women's Health Center

32 East 1st Street
Duluth MN, 55802
(218) 727-3352



Planned Parenthood: Duluth

1001 E Central Entrance #200
Duluth, MN 55811
(218) 722-0833
plannedparenthood.org



Duluth Clinic (SMDC) First Street Building

420 East First Street
Duluth, MN 55805

Internal Medicine (218) 786-3337

Dr. Kendra Sharkey RN CNP

Ob-Gyn (218) 786-3400

Pediatrics (218) 786-3400

Dr. Sharnell Valentine MD
Anne Stephen MD
Catherine J. Miller DNP RN CPNP

Duluth Clinic-Main (SMDC)

400 East 3rd Street
Duluth, MN 55805

Infectious Disease (218) 786-3737

Rajesh Prabhu MD
Kevin Stephan MD

Duluth Clinic- Hermantown (SMDC)

4855 West Arrowhead Road
Hermantown, MN 55811

Family Practice (218) 786-3540

Christie Erickson CNP

Duluth Clinic- West (SMDC)

4212 Grand Ave
Duluth, MN 55807

Family Practice (218) 786-3500

Jason Buffington MD

Essentia Lakewalk Clinic

1502 London Rd. Suite 102
Duluth, MN 55812

Family Medicine (218) 727-8228

Julie Reichhoff MD

Denfeld Medical Clinic

4702 Grand Avenue
Duluth, MN 55807

Family Practice (218) 249-6800

Nicole Schaefer MD

Essentia Health Family Medicine

4212 Grand Ave.
Duluth MN 55807

Family Practice (218) 786-3500

Kirsten Bich, MD

Mount Royal Medical Clinic

1400 Woodland Avenue
Duluth, MN 55803

Family Practice (218) 249-8800

Steve Long, MD

Family Practice (218) 624-4819

Lynn MacLean MD
Thomas Heinitz MD
Betsy Schwartz MD

Northland Ob-Gyn Associates

1000 East First Street Suite LL
Duluth, MN 55805

Ob-Gyn (218) 722-5629

Judith Johnson MD
Elisabeth Revoir MD

St. Luke's Endocrinology Associates

1011 E 1st St.
Duluth, MN 55805

Dr. Derrick Aipoalani, MD

St. Luke's Infectious Disease Associates

1001 East Superior St. Suite L201
Duluth, MN 55802

Infectious Disease (HIV) (218) 249-7990

Sherry A. Johnson, DNP, APRN, CNP

St. Luke's Internal Medicine Associates

1001 East Superior Street Suite L401
Duluth, MN 55802

Internal Medicine (218) 249-7960

David Arvold MD

St. Luke's Internal Medicine Associates

220 Medical Arts Bldg.
Duluth, MN 55802

Internal Medicine (218) 727-8585

George Apostolou, MD

Health & Wellness Continued

PROCTOR, MN

Superior Health Proctor
211 South Boundary Avenue
Proctor, MN 55810

SUPERIOR, WI

Luke Chiropractic & Wellness
916 Hammond Ave.
Superior WI 54880
(715) 392-2476



Health Care Clinic
69 N 28th St E ste. 9
Mariner Mall
Superior, WI 54880
(715)-394-4117
www.hcclinic.org

WEBSITE/HOTLINE

TXT4LIFE

Suicide Prevention Text Source
Text "LIFE" to 61222
txtlife.org



Trevor Suicide Hotline

Crisis Counseling & Suicide
Prevention
24hrs/7days
(866) 488-7386
(866) 4U TREVOR
thetrevorproject.org



HIV Testing Centers & HIV/AIDS Information

LSS Teen Health Center
Center for Changing Lives
1422 East Superior St. Duluth,
MN 55805
www.lssmn.org

Women's Health Center
32 East 1st Street
Duluth MN, 55802
(218) 727-3352



**Planned Parenthood:
Duluth**
1001 E Central Entrance #200
Duluth, MN 55811
(218) 722-0833
plannedparenthood.org



**Lake Superior Community
Health Center**
4325 Grand Ave.,
Duluth, MN 55807
(218) 722-1497
www.lschc.org



Minnesota AIDS Project
400 E 3rd Street Duluth MN,
55805
Michelle Dalbec
(218) 786-8128
www.mnaimsproject.org



AIDS Resource Center Wisc.
Kasey Kiesler
1507 Tower Ave. #230
Superior WI
(715) 394-4009 or
(888) 242-0282
www.arcw.com



**Rural AIDS Action Network
(RAAN)**
18 W 1st Street
Duluth, MN 55802
(218) 464-8591
M-F 11am-5:30pm
Syringe Exchange and Hep C
Testing

Rural AIDS Action Network
Free & Confidential HIV Testing
Call today to schedule a free
HIV Test in your local area.

Alexandria: (320) 209-1181

Bemidji: (218) 368-0295

Duluth: (218) 464-8591

Grand Rapids: (218) 398-7115

Mankato: (507) 720-2224

Moorhead: (218) 368-5393

St. Cloud: (320) 293-1649

Worthington: (507) 720-7223

For More Information:

- **Center for Disease Control & Prevention—HIV**
<http://www.cdc.gov/hiv/>
- **Pre-Exposure Prophylaxis PrEP**
<http://www.cdc.gov/hiv/basics/prep.html>
- **Post Exposure Prophylaxis PEP**
<http://www.cdc.gov/hiv/basics/pep.html>
- **PEP Now**
<http://pepnow.org/>
- **Minnesota AIDS Project**
<http://www.mnaimsproject.org/>

Housing Services

LSS Another Door

(Ages 18-24)

Angie Skogstad
(218) 529-2287
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
www.lssmn.org



LSS Bethany Crisis Shelter

Dawn Shykes
(218) 626-1901x14
9239 Idaho St.
Duluth, MN 55808
(218) 626-2726 24 hr. Line
www.lssmn.org



Center City Housing

1401 E. 2nd St. Duluth, MN
(218) 728-6437
www.centercityhousing.org

Life House Youth Center

102 West First St.
Duluth, MN 55802
(218) 722-7431
www.lifehouseduluth.org

LSS Renaissance Teen Transitional Housing

(Ages 16-21)

Lynn Gerlach-Collard
Center for Changing Lives
1422 East Superior St. Duluth, MN 55805
(218) 723-8052
www.lssmn.org



HDC Homeless Project

(Serves, Saint Louis County)

315 N. 2nd Ave. West
Duluth, MN
(218) 728-4491

CHUM

125 N 1st Ave W.
Duluth, MN 55802
(218) 720-0153 x 211
If needing services call or arrive at CHUM
between the hours of 9AM-4PM.

Information (General)

DULUTH, MN

LSS Bethany Runaway Program

24 hour Runaway Youth & Homeless
Crisis Line
(218) 626-2726
lssmn.org/youth/duluth/runaway/

Safe Place Program

Dawn Shykes
(218) 626-1901x14
9239 Idaho St.
Duluth, MN 55808
lssmn.org/youth/duluth/safeplace/

United Way 2-1-1

Information and Referral for Health
and Human Services -24/7/365.
424 W. Superior St. Suite 402
Duluth, MN (218) 726-4855 or
(800) 543-7709 for 24 hour access



Duluth Public Library

Reference Desk
520 W. Superior St.
Duluth, MN
(218) 730-4202
www.duluth.lib.mn.us



UMD GLBT Services

254 Kirby Student Center
1120 Kirby Drive, Duluth MN 55812
(218) 726-7300



SUPERIOR, WI

Gender & Equity Resource Center

Swenson Hall 1031
Belknap and Catlin
P.O. Box 2000 Superior, WI 54880
(715) 394-8091
genderequity@uwsuper.edu



The Main Club

Bob Jansen
1217 Tower Avenue
Superior, WI 54880
(715) 392-1756



WEBSITE/HOTLINE

GLBT National Youth Talk Line

M-F 8-Midnight
Phone & Email Counseling
(800) 246-7743

OUTFRONT Minnesota

GLTBQ info and 24 hr. crisis line
(800) 800-0350

TXT4LIFE

Suicide Prevention Text Source
Text "LIFE" to 61222
txtlife.org



SAFE Alternatives Info Line (Self Abuse Finally Ends) (800) DONTCUT

Amnesty International

GLBT Info Activism
www.amnestyusa.org



Law Enforcement & Legal Services

DULUTH MN

Law Enforcement
(Dial 911 to report
crime/emergency)

Duluth Police Department

Lt. Laura Marquardt
411 W. 1st St. Duluth, MN
(218) 730- 5501
Police Chief Mike Tusken

UMD Police (for Students)

287 Darland, University Drive
Duluth, MN 55812
(218) 726-7000
d.umn.edu search, umd police

Legal/Political Services

Duluth Human Rights Office

Carl Crawford
410 City Hall
City Hall Room, Room 106B
411 W. 1st St. Duluth, MN
(218) 730-5630

Unitarian Universalist (UUA)

Interfaith group working for LGBTQ
civil & religious rights.
835 W College St.
Duluth, MN 55811
(218) 724-0308



SUPERIOR, WI

Law Enforcement

Superior Police Department

1316 N 14th St #150,
Superior, WI 54880
Todd Maas
(715) 395-5150
Bonnie Beste
Police Chief Nick Alexander
(715) 395-7234

Legal/Political Services

Karen J. Olson, Attorney

2002 W. Superior St. Duluth, MN
(218) 727-8557

Lutheran Social Service Youth, Children & Family Services

DULUTH, MN

LSS Minnesota

Beth Adams
Center for Changing Lives
1422 East Superior St. Duluth, MN
55805
(218) 529-2233

LSS Teen Health Center

Beth Adams
Center for Changing Lives
1422 East Superior St. Duluth, MN
55805
www.lssmn.org



LSS Bethany Runaway Program

Dawn Shykes
(218) 626-1901x14
24 hour Crisis Line
(218) 626-2726
lssmn.org/youth/duluth/runaway/

LSS Renaissance Teen Transitional Housing

Center for Changing Lives
1422 East Superior St. Duluth, MN
55805
Lynn Gerlach-Collard
(218) 723-8052
www.lssmn.org



LSS Another Door (Ages 18-24)

Angie Skogstad
Center for Changing Lives
1422 East Superior St. Duluth, MN
55805
(218) 529-2287
www.lssmn.org



LSS Bethany Crisis Shelter

Dawn Shykes
(218) 626-1901x14
9239 Idaho St.
Duluth, MN 55808
24 Hour Crisis Line
(218) 626-2726
www.lssmn.org



LSS Together For Youth

Kathy Hermes
(218) 529-2224
Wednesday 4-6pm
Center for Changing Lives
1422 East Superior St. Duluth,
MN 55805



LSS Crisis Nursery

Melanie Hansen
1 E 1st Street Suite 301
Duluth, MN 55802
(218) 529-2246
www.lssmn.org

LSS Oh No! Eighteen (ONE) Program

Angie Skogstad
(218) 529-2287
Center for Changing Lives
1422 East Superior St. Duluth,
MN 55805



LSS Teen Closet

Angie Skogstad
Free new and gently used
clothing for teens 13-20
First Presbyterian Church
300 E. 2nd St. Alley Entrance
(218) 428-0775 or
(218) 529-2287
Open Tuesdays 3-5pm or by
appointment.

LSS Street Outreach

Center for Changing Lives
1422 East Superior St. Duluth,
MN 55805
Lynn Gerlach-Collard
(218) 723-8052

Street Outreach Numbers

(218) 464-2538
(218) 464-2659
(218) 464-2585

LSS Truancy Action Project

School based truancy
prevention for youth.
(218) 626-1909 x22
Center for Changing Lives
1422 East Superior St. Duluth,
MN 55805

GREATER, MN

LSS Range Together For Youth

Jamie Stauty
LSS Family Resource Center
507 9th Ave. S.
Virginia MN 55792
(218) 741-3343



SUPERIOR, WI

LSS Wisconsin

Linda Toppings, LICSW
2231 Catlin Ave. Superior, WI
(715) 394-4173 ext. 103
www.lsswi.org



Queer Youth Groups & School Groups

LSS Together For Youth

Kathy Hermes
(218) 529-2224
Wednesday 4-6pm
1422 East Superior St. Duluth,
MN 55805



LSS Range Together For Youth

Jamie Stauty
LSS Family Resource Center
507 9th Ave. S.
Virginia MN 55792
(218) 741-3343



Duluth High Schools Gay Straight Alliances

Denfeld High School
401 North 44th Ave W. Duluth,
MN 55807
(218) 336-8830
www.isd709.org

East High School
Blake Peterson
GSA Advisor (2015)
301 N 40th Ave. E. 55804
blake.peterson@isd709.org
(218) 336-8845

Harbor City International School
Elizabeth Holte
GSA Advisor (2015)
332 W Michigan St. #300
Duluth, MN 55802
(218) 722-7574

Marshall School
1215 Rice Lake Road
Duluth, MN
Susan Nygaard (2015)
(218) 727-7266

Duluth Middle Schools Gay Straight Alliances

Lincoln Park Middle School
Terri Iannucci (2015)
3215 W 3rd Street,
Duluth, MN 55806
(218) 336-8880 x 1171

Duluth Public School Climate Coordinator

Ron Lake
ISD 709 Offices
215 North First Avenue East
Duluth MN, 55802
(218) 336-8700 x 2014

Cloquet High School

Student Group Meets Reg.
No Staff Advisor
(218) 879-3393

Proctor

Phyllis Cook, Social Worker
Jim Vos, Counselor
131 9th Ave. Proctor, MN, 55810
(218) 628-4926
(2015 no GSA Advisor)

South Ridge School

Carolyn Olson
GSA Advisor (2015)
8162 Swan Lake Rd.
Culver, MN 55779
(218) 345-6789

Two Harbors

Jean Brandt, Psychologist
(218) 834-8205 x8207

Superior Sr. High School

Rachael Holden
GSA Advisor (2015)
2600 Catlin Ave. Superior, WI
(218) 394-8720

Greater Northeast/ Range Schools

Grand Rapids
Crystal Sunell (2014)
800 Conifer Drive
Grand Rapids, MN 55744
(218) 327-5760

Virginia High School & Virginia
Jr. High School GSA's
Paula Larson, Counselor (2015)
(218) 742-3908

Ely
Heather
600 E. Harvey Street,
Ely, MN 55731
(218) 365-6166

Other Youth Social/Activist Groups

Boys & Girls Club

Lincoln Park Branch – Teen
Services | Mentor Duluth
2407 W 4th St.
Duluth, MN 55806
(218)-725-7706
(218) 727-1549

Men as Peacemakers

Boys Restorative Program
Girls Restorative Program
205 West 2nd Street Ste. #15
Duluth, MN 55802
(218) 727-1939

YWCA Girl Power!

YWCA Duluth
32 E First St. Ste 202
Duluth, MN 55802
ywca@ywcaduluth.org
(218) 722-7425

Planned Parenthood Teen Council

Planned Parenthood
1001 E. Central Entrance
Duluth, MN 55811
rjenson@ppmns.org
Questions? Call at 218-722-3267



University & College Groups

DULUTH, MN

University of Minnesota Duluth

GLBT Services Offices at UMD
245 Kirby Student Center
1120 Kirby Drive
Duluth, MN 55812
(218) 726-7300

**College of St. Scholastica**

Queer Straight Alliance
Brenda McColgan
bmccolga@css.edu

Lake Superior College

Unity/GLBT
2101 Trinity Rd.
Duluth MN, 55811



CLOQUET, MN

Fond du Lac Tribal & Community College

Two Spirits Association
Jan Chronister
(218) 879-0865
or jchronister@fdltcc.edu.

SUPERIOR, WI

University of Wisconsin Superior

Alliance
Wednesday at 5:00pm
Phill Wilken
pwilken@uwsuper.edu
Debbie Cheslock
Swenson Hall 1031
Belknap and Catlin
P.O. Box 2000 Superior, WI 54880
(715) 394-8091

Wisconsin Indianhead Technical College

Bonny Ball Copenhaver
Vice President, Academic Affairs &
Campus Administrator
600 North 21st Street
Superior, WI 54880
Phone: 715-394-6677, Ext. 6214
Fax: 715-394-3771
Bonny.Copenhaver@witc.edu

Radio Programming

Women's Music Program

Sundays 1-5pm
KUMD 103.3 FM
www.kumd.org



This Way Out: National

Sundays 5pm
KUMD 103.3 FM
www.kumd.org



Social, Support & Recovery Groups (Adult)

DULUTH, MN/SUPERIOR, WI

Duluth-Superior GLBTQAI Pride Committee

P.O. Box 3198 Duluth, MN 55803

www.dspride.com

Co-Chairs: Nathan Westerberg & Kristy Johnson



Northland Gay Men's Group

Lake Superior Interfaith Community Church

1414 E Ninth Street

Duluth, MN 55805

ngmgduluth@gmail.com



Northland LGBT Elders

Meeting 4th Saturday of the Month

Gloria dei Lutheran Church

219 North 6th Ave. East

Duluth, MN 55805

Church Secretary

(218) 722-3381



TRANS +

Sean Hayes

1st & 3rd Tuesday of the Month

transplus.org

transplusmn@gmail.com



Trans+ Friends & Family Support Group

Kathy Hermes

1st Thursday of each month from 7:00-8:45pm

1422 East Superior Street

Duluth, MN 55805

(218) 529-2224

Duluth Superior HIV Support Group

Second Monday of Month 7pm

Gloria Dei Lutheran Church

219 North 6th Ave. East

Duluth, MN 55805

(218) 722-4903



RAAN HIV Group

Duluth, MN

Michael

(218) 464-8591

Northland Prism Community

The Northland Prism Community (formerly the Northland Queer Coalition) in the Twin Ports (Duluth MN and Superior WI) that strives to address the needs of the LGBT+ community.

Meetings and social events to bring the queer community together are in the works. Check on here to find out what the group is up to!



"Two-Spirit" Native American Wellness Talking Circle

Monday, 7-8 pm at Gimaaajii

Building, 202 W. 2nd Street, Duluth, MN.

For information contact Frank

Goodwin: 218-491-4123. Group is

open to all ethnicities.

Queer & Allied Families

Em Westerlund

(218) 355-1137

A group for folks in the Twin Ports who are part of LGBTQ* families looking for community, information, and support.



Smoke-Free Queers

GLBTQQAI-identified individuals and allies who have quit smoking, are trying to quit, or thinking about quitting.



Deaf Queers & Allies Group

Deaf Queer Resource Center

www.deafqueer.org

Closed Facebook Support

Group

Network with other Deaf and signing queers. We gladly welcome our straight allies and hearing queer non-signers.



Narcotics Anonymous

(218) 726-3199 Duluth

MN Regional Helpline:

(877) 767-7676

www.naminnesota.org

Children of Lesbians & Gays

www.colage.org



Itasca GLBT Alliance



E. Central MN Men's Circle

www.menscircle.org

Email: info@menscircle.org



TWIN CITIES, MN

Pride Institute

LGBT Mental Health &

Chemical Dependency Care

Residential & Outpatient Care

(800) 54 PRIDE (547-7433)

www.pride-institute.com



Recommended Reading for Youth

Recommendations from *Lambda Literary*
and *Goodreads*

Keeping You a Secret by Julie Anne Peters—Teen lesbian love story.

Luna by Julie Anne Peters—(male to female theme)

Down to the Bone by Mayra Lazara Dole—Cuban American coming out love story.

Boy Meets Boys by David Levithan—Love story.

Hero by Perry Moore—Gay teen superhero saving the world.

Parrotfish by Ellen Wittlinger—(female to male theme).

Totally Joe by James Howe—a fun story about a totally loveable, totally out 13 year old.

So Hard to Say by Alex Sanchez—middle school/pre-teen novel.

Split Screen, by Brent Hartlinger—Teen bi-interest.

Empress of The World by Sara Ryan—bi-interest.

Ash by Malinda Lo

Tormented Discovery (Finding Our Way, #2) by Jayson James

Finding Our Way (Finding Our Way, #1), by Jayson James

Teenage Rewrite
by Brandon Williams

The Bermudez Triangle
by Maureen Johnson

Am I Blue?: Coming Out from the Silence
by Marion Dane Bauer

Outtakes of A Walking Mistake
by Anthony Paull

Boy Meets Boy
by David Levithan

The Perks of Being a Wallflower
by Stephen Chbosky

Geography Club (Russel Middlebrook, #1)
by Brent Hartinger

Turning 16 (Turning 16, #1)
by Perie Wolford

Openly Straight (Openly Straight, #1)
by Bill Konigsberg

Aristotle and Dante Discover the Secrets of the Universe
by Benjamin Alire Sáenz

Will Grayson, Will Grayson
by John Green

Annie on My Mind
by Nancy Garden

The Vast Fields of Ordinary
by Nick Burd

Something Like Summer
(Something Like #1) by Jay Bell

Torn
by Amber Lehman

Suicide Notes
by Michael Thomas Ford

Kissing Kate
by Lauren Myracle

What They Always Tell Us
by Martin Wilson

City of Bones (The Mortal Instruments, #1)
by Cassandra Clare

Sprout
by Dale Peck

The God Box
by Alex Sanchez

Hard Love
by Ellen Wittlinger

Something Like Winter
(Something Like #2) by Jay Bell

How to Repair a Mechanical Heart
by J.C. Lillis

Simon vs. the Homo Sapiens Agenda
by Becky Albertalli

Tales from Foster High (Tales from Foster High, #1-4) by John Goode

Rubyfruit Jungle
by Rita Mae Brown

Where You Are
by J.H. Trumble

The Order of the Poison Oak
(Russel Middlebrook, #2) by Brent Hartinger

Her Name is James
by C.J. Heath

Two Boys Kissing
by David Levithan

The Screwed Up Life of Charlie the Second
by Drew Ferguson

Sock it to Me, Santa!
by Madison Parker

The Miseducation of Cameron Post
by Emily M. Danforth

Beauty Queens
by Libba Bray

The Realm of Possibility
by David Levithan

One Man Guy
by Michael Barakiva

Bridges (Bridges, #1)
by M.J. O'Shea

Turning 17 (Turning 16, #2)
by Perie Wolford

grl2grl
by Julie Anne Peters

Don't Let Me Go
by J.H. Trumble

Safe
by C. Kennedy

Beautiful Music for Ugly Children
by Kirstin Cronn-Mills

Tricks (Tricks, #1)
by Ellen Hopkins

Peter
by Kate Walker

Huntress
by Malinda Lo

Thinking Straight
by Robin Reardon

Shine
by Lauren Myracle

The Soccer Field Is Empty (Gay Youth Chronicles, #3)
by Mark A. Roeder

The Dark Wife
by Sarah Diemer

Baby Be-Bop (Weetzie Bat, #5)
by Francesca Lia Block

Getting It
by Alex Sanchez

Just Between Us
by J.H. Trumble

Rainbow (Rainbow Trilogy 1-3)
by Alex Sanchez

Leave Myself Behind
by Bart Yates

The Year of Ice
by Brian Malloy

Kamikaze Boys
by Jay Bell

Recommended Reading for Youth (cont.)

The Mortal Instruments, #1-5 by
Cassandra Clare

This High School Has Closets
by Robert Joseph Greene

Being Emily
by Rachel Gold

Falling From The Sky (Bear
Creek, #1)
by Nikki Godwin

A Boy's Own Story
by Edmund White

Lies (Gone, #3)
by Michael Grant

I'll Give You the Sun
by Jandy Nelson

Dare Truth or Promise
by Paula Boock

Pantomime (Micah Grey, #1)
by Laura Lam

Fingersmith
by Sarah Waters

Breaking Saint Jude
by Nikki Godwin

What Happened to Lani Garver
by Carol Plum-Ucci

Bait
by Alex Sanchez

Power Play
by J.M. Snyder

Far from Xanadu
by Julie Anne Peters

Suicide Watch
by Kelley York

Wanting (Wanting #1)
by Piper Vaughn

Where Are You
by J.H. Tumble

**The Secret Fruit of Peter
Paddington** by Brian Francis

Magic's Pawn (Valdemar: Last
Herald-Mage #1) by Mercedes
Lackey

The Fire's Stone
by Tanya Huff

Luck in the Shadows (Nightrunner,
#1) by Lynn Flewelling

The Boyfriend
by Keith Morrisette

Sunblood by Maria Mora

Wanting (Wanting, #1)
by Piper Vaughn

**Cody: Clicking Beat on the Brink of
Nada** by Keith Hale

**Born This Way: Real Stories of
Growing Up Gay** by Paul Vitagliano

Orphan's Quest (The Chronicles of
Firma, #1) by Pat Nelson Childs

Strings Attached #1-3
by Nick Nolan

**Exiled to Iowa, Send Help, and
Couture** by Chris O'Guinn

The World of Normal Boys
by K.M. Soehnlein

I Am J by Cris Beam

Good Moon Rising
by Nancy Garden

With or Without You
by Brian Farrey

Magic's Pawn by Mercedes Lackey

Starting From Here
by Lisa Jenn Bigelow

Finding H.F.
by Julia Watts

Rhythm and Blues
by Jill Murray

Necessary Hunger
by Nina Revoyr

**Degranon: A Science Fiction
Adventure** by Duane Simolke

Hollowstone by Dennis R. Upkins Jr.

Hillserpent Academy
by Richard Denney

Curse of Arachnaman
by Hayden Thorne

The Blue Lawn
by William Taylor

(In)visible by Anyta Sunday

She Loves You, She Loves You Not...
by Julie Anne Peters

Emerald City Dreamer
by Luna Lindsey

Awake by Tracey Pennington

Lunatic Fringe
by Allison Moon

Recommended Movies for Youth

Recommendations from *GSANetwork* and
Indiana Youth Group

Fun:

Bend It Like Beckham
(2002) PG-13

But I'm a Cheerleader
(1999) R

Camp
(2003) PG-13

Chutney Popcorn
(1999) PG-13

D.E.B.S.
(2004) PG-13

The Edge of Seventeen
(1998) R

The Family Stone
(2005) pg-13

Floored by Love
(2005) NR

Hedwig and the Angry Inch
(2001) R

*The Incredibly True
Adventure of Two Girls In
Love* (1995) R

Mango Soufflé
(2003) NR

The Object of My Affection
(1998) R

Rent (2005) PG-13

Saved! (2004) PG-13

*To Wong Fu Thanks For
Everything, Julie Newmar*
(1995) PG-13

Victor/Victoria
(1982) PG

Serious:

All About My Mother (1999) R

Angels in America
(2003) NR

Beautiful Boxer
(2003) NR

Beautiful Thing (1996) R

Big Eden (2000) PG-13

Bound (1996) R

Boys Don't Cry (1999) R

Brokeback Mountain
(2005) R

The Crying Game
(1992) R

Far From Heaven
(2002) PG-13

If These Walls Could Talk 2
(2000) R

Imagine Me & You (2005) R

The Laramie Project (2002) NR

Latter Days (2003) R

Ma Vie En Rose (1997) R

Madame Butterfly
(1995) NR

Normal (2003) NR

Paris is Burning (1990) R

Philadelphia (1993) PG-13

Quinceanera (2006) R

Saving Face (2004) R

A Soldier's Girl (2003) R

Summer Storm (2004) R

Transamerica (2005) R

Walk on Water (2004) R

The Wedding Banquet (1993) R

Documentary:

The Aggressives (2005) NR

Beautiful Daughters (2006) TV-14

The Brandon Teena Story
(1998) NR

*Brother Outsider: The Life of
Bayard Rustin* (2003) NR

For the Bible Tells Me So (2007)
NR

God and Gays: Bridging the Gap
(2006) NR

Just Call Me Kade (2002) NR

No Dumb Questions (2001) NR

*Out of the Past: The Struggle for
Gay and Lesbian Rights in
America* (1998) R

Red Without Blue (2007) NR

Southern Comfort (2001) NR

Transgeneration (2005) NR

